



Dear Teens,

At the time of Baptism, parents choose Godparents for their child to be an additional example and support in their child’s faith formation. A Godparent is expected to be a model of a faith-filled life and serve as a Christian role model.

As you prepare for Confirmation you have the opportunity to choose a person yourself who will be a model of faith and support to you as you make this important step toward full initiation into the Church. Since Confirmation is a “*confirming of your Baptism*” it would be appropriate for one of your Baptismal Godparents to extend that role and become your Confirmation sponsor. Give those persons prayerful consideration as you begin to consider who your sponsor for Confirmation will be. Use the criteria below in that consideration.

A Prayerful Process

In considering people for your Confirmation sponsor, your first step is to take some time to put this choice in God’s hands. Take some time to pray, ask for God’s help in choosing a person He knows would be a good companion for you on this part of your faith journey.

Then consider the following. Who do you know that . . .

- Lives the values of Jesus
A person of prayer and generous service to others, practices the Corporal & Spiritual works of Mercy
- Is a faithful member of their parish
Attends Mass on Sundays & Holy Days of obligation, receives the Sacrament of Reconciliation, contributes to the church through their gifts of time, talent, and treasure, practices the Precepts of the Church
- Has already received the Sacraments of Initiation: Baptism, Confirmation, Eucharist.
- That, if married, were married in the Catholic Church (by a Catholic priest)
- That you can share your faith with openly

Secondarily:

- Can they be available to take an active part in the Confirmation preparation process with you
Attend: Sponsor Meeting, Sponsor/Candidate Meetings (2 to 4 depending on how you schedule them), Confirmation Retreat, Confirmation practice and Confirmation itself)

Once you have made your choice, allow a couple of days to sit prayerfully with your choice.

Then, ask the person you have chosen.